

# THE ASD ASSESSMENT PATHWAY IN WEST LOTHIAN CAMHS

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## Quality issue / initial problem

In West Lothian CAMHS, an inequality in length of wait currently exists between children and young people assessed for Autism Spectrum Disorder (ASD) in the outpatient team, compared with those being assessed by the Attention Deficit Hyperactivity Disorder (ADHD) team.

## Specific aim

Timely diagnosis and a better experience for children and young people diagnosed with ASD in West Lothian CAMHS.

## Measurement of improvement

### Outcome

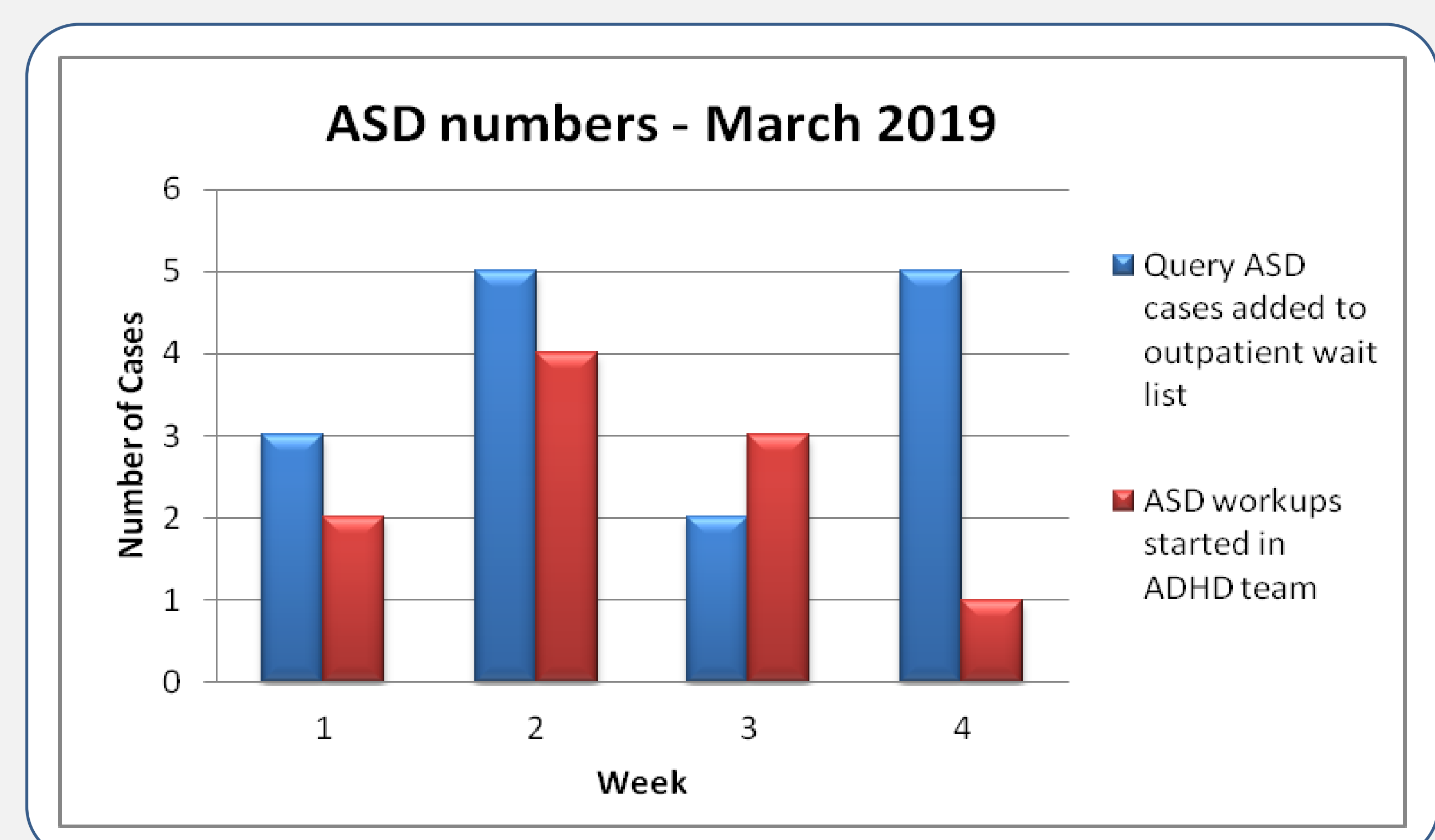
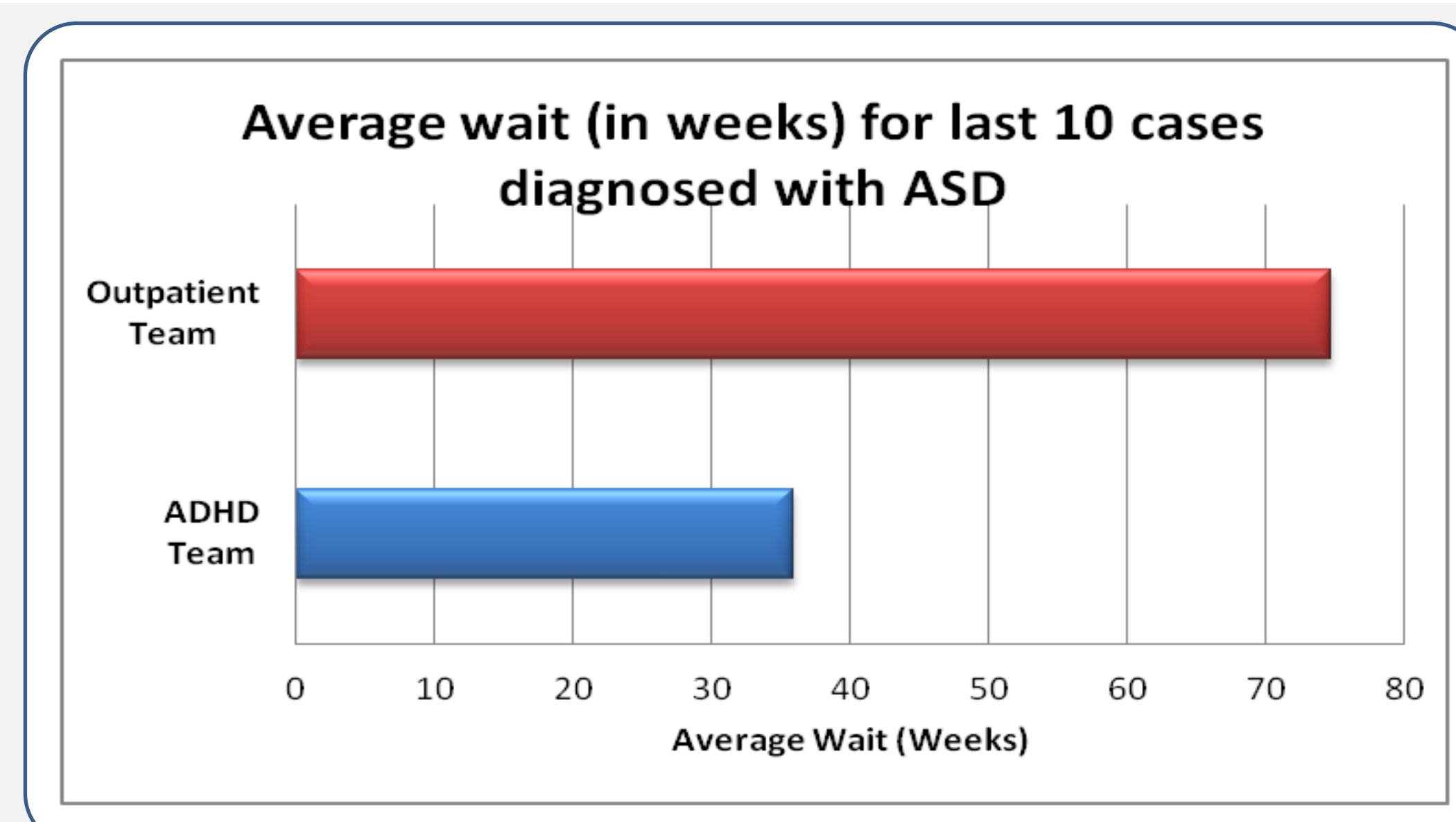
- Length of wait before ASD diagnosis given
- Family experience

### Process

- No. query ASD cases added to outpatient wait list per week
- No. new ASD workups started by ADHD team per week
- Total no. query ASD cases waiting on outpatient wait list

### Balancing

- Length of outpatient wait list
- Clinician experience



## Tests of change

- Moving resource from ADHD team to do ASD workups on outpatient wait list
- ASD 'packs' sent out in advance of 1<sup>st</sup> appt
- Summer support from Willowgrove?

## Tools

- Process map
- Double diamond
- Experience based co-design

## Effects of change

Anticipate greater equality between length of waits, a shorter outpatient wait until ASD diagnosis received, and improved family experience. Requires consistent staffing to maintain.

## Lessons learned and message for others

- Importance of small tests of change and whole SMT being on board with ideas
- Essential to discuss with team as early as possible and agree changes together