

Mental Health Quality Improvement Network Flash Report September 2023



2024 cohorts

Quality Academy Quality Improvement (QI) Skills course

The Quality Academy QI Skills course provides staff with the skills, knowledge and methodology to understand their system, identify quality improvement (QI) opportunities, implement them and measure the progress and outcomes.

COHORT 23	Day 1	Day 2	Day 3	Day 4	Day 5
	Tuesday 16th	Tuesday 20th	Tuesday 12th	Tuesday 16th	Tuesday 14th
	January	February	March	April	May
COHORT 24	Day 1	Day 2	Day 3	Day 4	Day 5
	Thursday 22nd	Tuesday 19th	Wednesday	Thursday 16th	Tuesday 18th
	February	March	17th April	May	June
COHORT 25	Day 1	Day 2	Day 3	Day 4	Day 5
	Wednesday	Tuesday 23rd	Wednesday	Thursday 20th	Tuesday 30th
	23rd March	April	22 nd May	June	July
COHORT 26	Day 1	Day 2	Day 3	Day 4	Day 5
	Wednesday	Wednesday	Wednesday	Wednesday	Thursday 29th
	24th April	29th May	26th June	31 st July	August
COHORT 27	Day 1	Day 2	Day 3	Day 4	Day 5
	Wednesday	Thursday 19th	Tuesday 22 nd	Tuesday 19th	Tuesday 17th
	21st August	September	October	November	December
COHORT 28	Day 1	Day 2	Day 3	Day 4	Day 5
	Tuesday 27th	Tuesday 24th	Thursday 24th	Thursday 21st	Thursday 19th
	August	September	October	November	December

There are six virtual QI skills courses planned for 2024.

Register your interest <u>here</u> or complete the <u>Quality Academy application</u> form and return to <u>giacademy@nhslothian.scot.nhs.uk.</u>



Quality Improvement (QI) clinics

Have an improvement idea?

Not sure what to do next?

QI clinics provide guidance and support on all aspects of QI including QI tools and data analysis.

QI clinics are available every Wednesday, additional days and times are also available.

To book your clinic, contact the QI team at gi.mentalhealth@nhslothian.scot.nhs.uk.

A personal experience of the Quality Academy QI Skills course and completing a project with support from the QI team.

A little about you

My name is Miranda Eodanable, and I am an educational psychologist on secondment to CAMHS to work on the Neurodevelopmental Assessment Pathways across Lothian.



Who did you work with? Matt Bell, Speciality Doctor, CAMHS is my QI collaborator, which has enabled lots of discussion and a great introduction to the systems and context of CAMHS and Community Paediatrics.

What did you hope to improve?

I started the QI Academy in March 2023 with a focus on accessing parent feedback about the newly implemented ND assessment pathway in East Lothian designed by health and education.



What did you do?

We tested a new parent questionnaire design and how to develop a procedure to encourage parental feedback. We are aiming for an online questionnaire to go live in October!

What were the benefits of QI clinics?

Rebecca Fyffe, my QI coach, provided me with a welcoming space for questions and clarity for my next steps using QI tools and process. Plus, she was very patient with my list of questions!



How did attending the QI Academy help your work?

The QI academy with regular coaching has really helped me to better understand the QI methodology and its tools, and most importantly its application across other projects and with other disciplines in NHS Lothian.

What would you do differently if starting your project again?

On reflection, if I were to do the training again, I think I would try and be more confident in my use of PDSA cycles as it has really helped to shape our project.



Thank you Miranda for sharing your experiences and taking part in this feature

Mental Health Quality Improvement and Clinical Innovation Forum Wednesday 06 September 2023

The Mental Health Quality Improvement and Clinical Innovation Forums take place at lunchtime to allow as many colleagues as possible to join in.

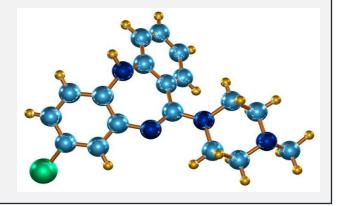
A recording of this session is available to view here.



Significant improvement in earlier FBC sampling

Clozapine blood monitoring

Drs Sam Bresland and Anna Kamusella, trainee doctors in psychiatry explained how the introduction of a ward-based phlebotomist has improved clozapine blood monitoring in two Adult Acute Admission wards within the Royal Edinburgh Hospital (REH). The data demonstrated that earlier and consistent clozapine blood testing reduces waste and is improving safe clozapine management for patients in the two North Edinburgh wards.

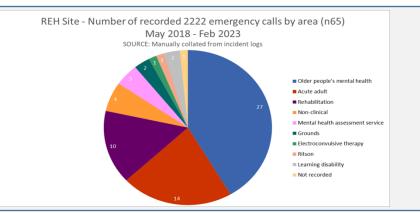


A copy of the presentation is available <u>here</u>.

Gathering baseline data on 2222 calls at the Royal Edinburgh Hospital

Dr Naheed Raza, core trainee in psychiatry shared her audit of 2222 emergency calls made on the Royal Edinburgh Hospital site. Providing insights into the most common 2222 emergency calls and where they occur on site, it is anticipated that the findings from the audit will inform a more tailored approach to simulation training for trainee doctors to respond to 2222 emergency calls. Feedback from attendees will be reviewed to explore opportunities for improvement, and how trainee doctors can be supported to change how they prepare for being on call.

A copy of the presentation is available here.



For more information about Quality Improvement support for your project, or if you would like to present your own project at a future forum, please contact the team at qi.mentalhealth@nhslothian.scot.nhs.uk.

All lunchtime sessions are available through Microsoft Teams.