

### Quality Improvement (QI) clinics

Have an improvement idea?  
 Not sure what to do next?

Book a QI Clinic at  
[qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk)  
 we can support you and provide advice,  
 tools and tips

### Feedback from recent clinics

It helped explore in more detail my "problem" and the factors that impacted on it. [gave me] a clear structure of how to take things forward, rather than ... not knowing where to start

good open discussion to identify a project

Increased learning about charts, pulling .. data from spreadsheets and signposting to relevant training

helpful to have a space to review goals and options

came out of the meeting feeling enthusiastic to make a positive change within the ward

very informative and engaging. It feels like an achievable amount of work to organise

Good advice given and meeting was concluded with a well structured plan and plans for follow up

supportive and helped me to focus on the specifics

helpful space to summarise the project, and get insight from the experts about the QI strategies being used, and what else might be helpful. Some really great ideas to help move the project forward, and a great source of support

go through my proposal and identify specific tasks and the measures to be used

...Good advice given and meeting was concluded with a well structured plan and plans for follow up

**Quality Improvement (QI) clinics at the Royal Edinburgh Hospital**

**Summertime is QI time**

QI clinics provide guidance and support on all aspects of QI including QI tools and data analysis.

QI clinics are available every Wednesday afternoon from 13.00 – 14.00 and 14.00 – 15.00. Additional days and times are also available.

Please contact your QI team at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk) to book your QI clinic \*

\* QI clinics can be held in person or online via Microsoft Teams

**NHS Lothian Quality Showcase**

Friday 26<sup>th</sup> May 2023

13:00 to 16:30

### NHS Lothian Quality Showcase

The NHS Lothian Medical Education Directorate annual Quality Improvement (QI) Showcase provides an opportunity for medical staff to share their QI stories, learn more about QI, how it can be used to improve everyday working environments (from clinical, to wellbeing to sustainability), and top tips on how to get started or develop current work. The Mental Health Service had a number of presentations and posters at this years event from Doctors in Training.

Dr Naheed Raza shared her poster presentation on 'Improving outcomes of Improving outcomes for 2222 calls at the Royal Edinburgh Hospital'. A copy of her poster is available [here](#).



Dr Hollie Craig and Dr Riona Hennessy presented their work on 'Improving the rates of lipid monitoring in the Royal Edinburgh Psychiatric Hospital'. A copy of the presentation is available [here](#).

Dr Ewan Mahony & Dr Zoe Johnston shared their work on Introducing step-down summaries to the Intensive Psychiatric Care Unit. A copy of their presentation is available [here](#).

**The Quality Academy** aims to build and support the understanding, capability and capacity of NHS Lothian staff in aspects of Quality planning, improvement and control of processes relating to health and care in our region. Applications are still being accepted for cohorts in 2023.

#### What you will learn

- Improvement Science
- Project planning
- Analysing data
- Leading change
- Sharing improvement experience
- ...and much more!



#### Time Commitment

Virtual in-class learning:  
 ~17 hours over 5 sessions taught over 4-5 months



Time to study E-Learning modules: ~1.5 - 3 hours

Personal time for project work and one-on-one coaching as required

Visit the website at [Quality Academy — Lothian Quality](#) to find out more and book your place!



Cohort 21	Cohort 22
Day 1 Tuesday 29th August	Day 1 Thursday 7th September
Day 2 Tuesday 26th September	Day 2 Thursday 5th October
Day 3 Thursday 26th October	Day 3 Thursday 2nd November
Day 4 Thursday 23rd November	Day 4 Tuesday 5th December
Day 5 Thursday 21st December	Day 5 Thursday 11th January

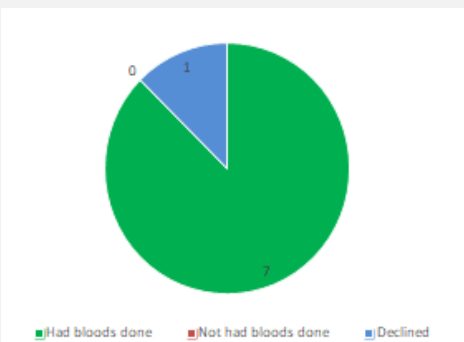
# Mental Health Quality Improvement and Clinical Innovation Forum

## Wednesday 17 May 2023

The Mental Health Quality Improvement and Clinical Innovation Forums take place at lunchtime to allow as many colleagues as possible to join in. A recording of this session is available to view [here](#).

### Monitoring of physical health in those prescribed antipsychotic medication at the Orchard Clinic: assessing compliance with guidelines and improving procedures

**Dr Robyn Canham & Dr Morven Baker**, presented their work on monitoring physical health in those prescribed antipsychotic medication at the Orchard Clinic: how they assessed compliance with guidelines and improved procedures. The presenters finished the presentation by discussing sustainability and next steps for this piece of improvement work. A copy of the presentation is available [here](#).



### Evaluation feedback received on this forum

100% enjoyed the forum and 50% think they can use what they heard to make changes in their area

Great presentations, interesting information and learning shared. Opportunity to ask questions

Great presenters and host

would have liked more description of QI tools used

timed well, great topics

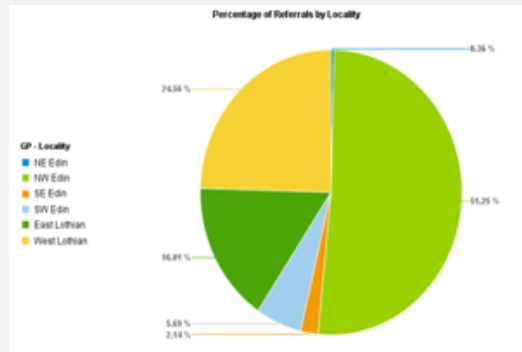
Very informative

very relevant presentations

...really interesting and hearing what QI tools were used was helpful

### Reduce 'Redirected' Referrals into CAMHS

**Martyn Souter and Helen Thomson (CAMHS Tier 2 Team Leaders)** shared how they used Quality Improvement methodology to support the reduction of 'rejected' referrals into CAMHS and enable children and young people's access to timely mental health support. It was very positive to hear the progress and significant achievements made so far in this large piece of work. A copy of the presentation is available [here](#).



For more information about Quality Improvement support for your project, or if you would like to present your own project at a future forum, please contact the team at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk).

All lunchtime sessions are available through Microsoft Teams.



@qilothianmh @LothianQuality  
#qilothianmentalhealth

