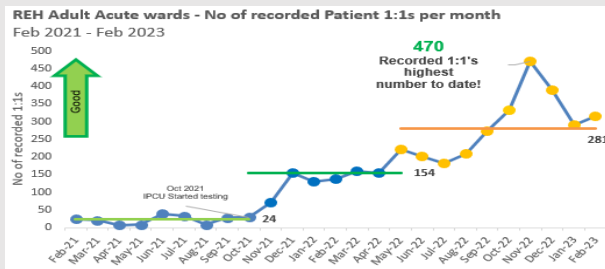
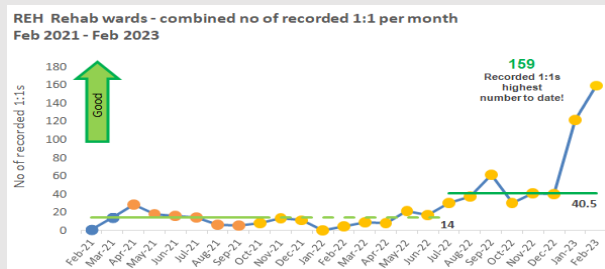


The **Keeping People Safe** workstream recognises the rich and fruitful interactions and 1:1s between ward staff and patients. Focus has been placed upon improving the recording of these 1:1s to support improved communications, therapeutic relationships and person-centred care planning.

Learning from Blackford Ward's early tests of change has spread across the adult acute wards. Ward teams' efforts have significantly increased evidence of recording patient 1:1s on Trak. Monthly reporting of data has generated some healthy competition amongst wards!



Learning has more recently spread to all the rehabilitation wards where teams recorded 159 patient 1:1s on Trak in February, the highest total to date.



There is a new **onsite sexual and reproductive health clinic at the Royal Edinburgh Hospital**, available to **all** General Adult Psychiatry inpatients regardless of their risk or diagnosis. This will be run from the electroconvulsive therapy (ECT) department every Wednesday, by experienced genitourinary medicine (GUM) nurses.

Please ask your patients - are you up to date with your cervical smear? Would you like to be checked for any sexually transmitted infections (STI)? Do you have any concerns about your sexual health?

Sexual Health Clinic for psychiatric inpatients Royal Edinburgh Hospital

When?
Wednesday afternoons starting 8th March 2023

How to book an appointment for a patient

Please email the patient name and CHI to:

reh.adcoutpatients@nhslothian.scot.nhs.uk

If they are not up to date with cervical screening, would like STI testing or to discuss their sexual health, please offer them an appointment at the sexual health clinic. Patients do not need to be experiencing any symptoms to be eligible for a STI screen. To arrange an appointment, please email patient **name and CHI** to:

reh.adcoutpatients@nhslothian.scot.nhs.uk



Nominate a colleague for this year's awards
Don't delay! nominations close 21 April 2023



Quality Improvement (QI) clinics at the Royal Edinburgh Hospital

Spring into QI
Got an idea to improve your ward, area or service?
QI clinics provide guidance and support on all aspects of QI including QI tools and data analysis.
QI clinics are available every Wednesday afternoon from 13.00 - 14.00 and 14.00 - 15.00. Additional days and times are also available.
Please contact your QI team at qi.mentalhealth@nhslothian.scot.nhs.uk to book your QI clinic.*
*QI clinics can be held in person with appropriate social distancing, or online via Microsoft Teams.

Quality Improvement (QI) clinics at the Royal Edinburgh Hospital

Have an improvement idea?

Not sure what to do next?

Book a QI Clinic at

qi.mentalhealth@nhslothian.scot.nhs.uk

we can support you and provide advice, tools and tips

Feedback from recent QI Clinics

Useful forum to discuss, ... keep the project on track and also highlight issues which might come up. It is also really helpful as a reminder of the principles of QI and to ensure that the time I spend on the project is well spent.

Very encouraging and engaging approach

Informative, helpful, keen to support with project, clear identified tasks

Very helpful advice with option of face to face follow up

Good information provided, very kind and helpful team

Very helpful to talk through the initial approach to developing a QI project. Very supportive/encouraging discussion with guidance from experienced staff in QI but also time for me to discuss my ideas

...useful session in terms of identifying the goals of the project, considering it's scope ... and helpful in terms of considering first steps and an overall outline. Overall a very useful experience, thanks!

Good opportunity to... ask questions and develop a clearer understanding of QI in relation to our work.

Mental Health Quality Improvement and Clinical Innovation Forum

Wednesday 08 March 2023

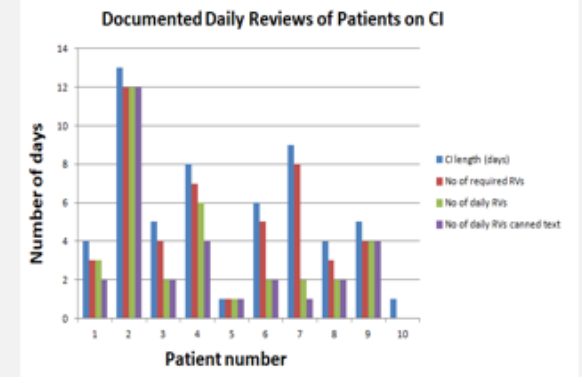
The Mental Health Quality Improvement and Clinical Innovation Forums take place at lunchtime to allow as many colleagues as possible to join in. A recording of this session is available to view [here](#).

	Pre intervention	Post intervention
% of daily reviews occurring in line with guidance	49%	74%
% of daily reviews with canned text occurring in line with guidance	19%	66%
% of clinical pauses occurring in line with guidance	60%	40%
% of clinical pauses with canned text occurring in line with guidance	50%	40%

Improving Practice of Continuous Interventions within IPCU at The Royal Edinburgh Hospital

Carrie-Anne Simpson, Senior Charge Nurse Blackford Ward, presented on the team's work to improve patient care and experience in the Intensive Psychiatric Care Unit (IPCU). Carrie-Anne shared how the Blackford ward team has worked with the Scottish Patient Safety Programme (SPSP) Mental Health Collaborative to improve continuous interventions and documentation in line with Standard Operating Procedure (SOP) guidance.

A copy of the presentation is available [here](#).



The SPSP Mental Health Collaborative is now running until August 2023.

Ward 1 St Johns Hospital are actively working with the Collaborative on improving continuous interventions and restrictive practice within their Intensive Psychiatric Unit. We hope to hear from the ward team at the end of the Collaborative.



Discussion session

Following the presentation, a lively question and answer session explored further the team's experience of quality improvement work on this scale. Carrie-Anne offered a very useful level of detail in terms of the team's learning and specific clinical and improvement issues around continuous intervention and restrictive practice. Carrie-Anne spoke in more detail about challenges faced and areas for future improvement to include data collection and wider MDT involvement.

Gordon Hay, Senior Improvement Advisor, SPSP for Mental Health, Healthcare Improvement Scotland chaired the meeting. Gordon enjoyed the format of the forum and will be encouraging other teams across Scotland to adopt a similar platform to report progress and share learning.

For more information about Quality Improvement support for your project, or if you would like to present your own project at a future forum, please contact the team at qi.mentalhealth@nhslothian.scot.nhs.uk.

All lunchtime sessions are available through Microsoft Teams.



@qilothianmh @LothianQuality
#qilothianmentalhealth

