

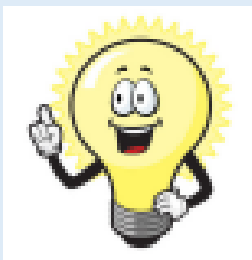
# Mental Health Quality Improvement Programme Flash Report

## September 2022

Colleagues from Blackford ward attended the Mental Health Nursing Research conference in September to further share their work on reducing the use of patient seclusion in the high dependency unit within Royal Edinburgh Hospital.

Jenny Revel (Clinical Academic Mental Health Nurse) also attended the conference to present findings and share learning from her PhD project which evaluated the introduction of improving observational practice in inpatient mental health.

Attendees heard 'some excellent presentations that gave food for thought' and inspiration about how we can showcase and implement some of the work in REAS



The Quality Improvement (QI) Team were delighted to welcome colleagues from the Scottish Global Health Partnership and a team of delegates from Malawi and Zambia. The visit took place on Thursday 29<sup>th</sup> of September and showcased Quality Improvement in the Royal Edinburgh Hospital.

The visitors heard how the QI programme has developed over the last 5 years, a description of the mental health programme, progress of improvement work and links with the Scottish Patient Safety Programme collaborative.



Having heard about work at a national and strategic level, the team were particularly pleased to have the opportunity to visit with staff on two wards to hear how QI methods are being used to drive improvements. Blackford ward shared learning from a range of QI activities including reducing use of seclusion, and Meadows ward discussed development of QI work to improve patient care, the physical environment, and therapeutic engagement.



The next Mental Health Quality Improvement and Clinical Innovation forum will be on Wednesday 30 November, 12:30-13:30. We will hear a presentation on improving nursing staff awareness of pharmacology and pharmacy processes. The second presentation is from the community team in East Lothian and their findings on patients' satisfaction around consultations during the covid-19 pandemic.

Contact the team at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk) for further information and joining details.

 Making healthy change happen 

**Mental Health Quality Improvement and  
Clinical Innovation forum**  
Wednesday 30 November 2022  
12:30 – 13:30

COMING SOON

### Get involved



Do you have a quality improvement project you'd like to share?



We'd love to hear from you and feature you and your team in a future QI Forum or flash report.



Contact us at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk)

### QI Projects and Clinics

Got an idea to improve your ward, area or service? Not sure what to do next? Book in to a QI Clinic and we can support you with advice, tools and tips. Regular time slots are available on Wednesdays.

- 1.00 - 2.00pm
- 2.00 - 3.00pm

**Alternative days and times by arrangement.**

Ward 15 Seminar Room, 1<sup>st</sup> Floor, Mackinnon House or via MS Teams.

To book, contact the team at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk)



**LothianQuality**  

**Quality Improvement (QI) clinics at the  
Royal Edinburgh Hospital**

Fall into QI  
Need guidance with starting or running QI Project?  
Not sure what to do next?  
Contact your local QI team.

QI clinics provide guidance and support on all aspects of QI including QI tools and data analysis.  
QI clinics are available every Wednesday, additional days and times are also available.  
Please contact the team at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk) to book your QI clinic.

Location: Ward 15 Seminar Room, 1st Floor, Mackinnon House  
Wednesday 1.00 - 1.45, 14.00 - 15.00

\*QI clinics can be held in person with appropriate social distancing, or online via Microsoft Teams.

# Mental Health Quality Improvement and Clinical Innovation Forum

## Wednesday 31 August 2022

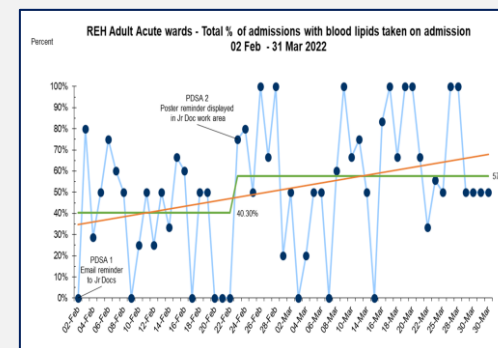
The Mental Health Quality Improvement and Clinical Innovation Forums take place at lunchtime to allow as many colleagues as possible to join in. A recording of this session is available to view [here](#).



### Improving diagnosis and management of metabolic derangement in Royal Edinburgh Hospital Acute Adult ward inpatients

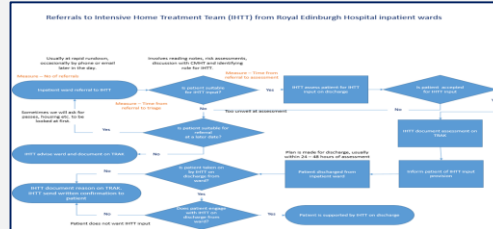
**Dr Thomas Cheliotis-James** presented his work with Dr George Kaye, during their psychiatry rotation at Royal Edinburgh Hospital (REH). Tom and George had noted the significant health inequity amongst those with chronic mental illness and contacted the QI team to help them look at a small project to improve the reliability of taking blood lipid tests for all patients on admission. Tom and George used QI methodology to generate and test ideas and were able to see improvement over a very short period.

Changes to the TRAK blood sets request for mental health on admission have now been made and the QI team is keen to support further improvement work linked to this project. A copy of the presentation is available [here](#).

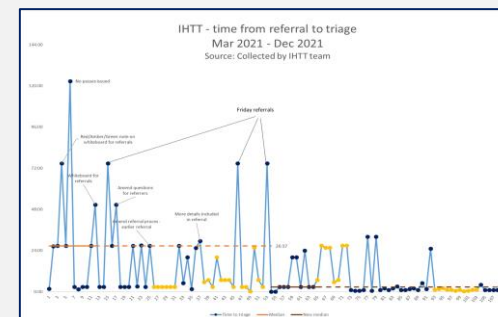


### Improving referral process for early discharge to IHTT

**Pauline Moir**, CPN, Intensive Home Treatment Team wanted to introduce a standardised referrals process for adult acute wards to IHTT. Process mapping how patients were referred to the service highlighted potential change ideas and areas for improvement. Pauline considered a number of ideas before identifying a structured set of criteria that would be helpful from wards.



As a result of testing the criteria with her ward, Pauline received more complete referrals and has reduced the time taken for patients to be triaged and assessed by IHTT. This will now be tested and spread to other Edinburgh wards in the Royal Edinburgh Building. A copy of the presentation is available [here](#).



For more information about Quality Improvement support for your project, or if you would like to present your own project at a future forum, please contact the team at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk). All lunchtime sessions are available through Microsoft Teams.

 @qilothianmh @LothianQuality  
#qilothianmentalhealth