

# Mental Health Quality Improvement Programme flash report April 2022

## MAY 2022 - KEEPING PEOPLE SAFE (KPS) PROGRAMME Launch

To provide ward staff in Balcarres, Craiglockhart, Eden, Harlow, Hermitage, Meadows and Merchiston with:

- An overview of the KPS programme.
- Quality improvement foundation training, and
- Dedicated time for wards teams to identify a specific ward project developing aim statements, measures and change ideas.

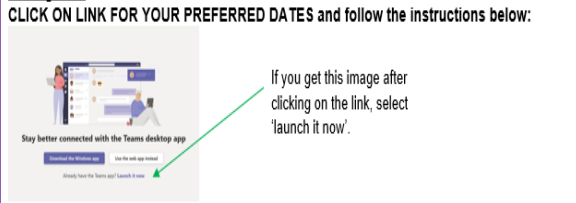
The QI team is offering three bite-size sessions to launch the Keeping People Safe Programme.

To receive the relevant templates and QI foundation training to aid your improvement journey, please [register here](#) for bite-size sessions 1, 2 & 3.



Wed 4 <sup>th</sup> May	Thurs 5 <sup>th</sup> May	Fri 6 <sup>th</sup> May
Bite size session 1 <b>The Model For Improvement &amp; aim statements</b> (2 - 4pm)	Bite size session 2 <b>Measurement for improvement</b> (2 - 3.30pm)	Bite size session 3 <b>Identify, testing and prioritising change ideas</b> (2 - 3.30pm)
Tues 10 <sup>th</sup> May	Thurs 12 <sup>th</sup> May	Fri 13 <sup>th</sup> May
Bite size session 1 <b>The Model For Improvement &amp; aim statements</b> (1 - 3pm)	Bite size session 2 <b>Measurement for improvement</b> (1 - 2.30pm)	Bite size session 3 <b>Identify, testing and prioritising change ideas</b> (1 - 2.30pm)

**To Register:**  
CLICK ON LINK FOR YOUR PREFERRED DATES and follow the instructions below:



If you get this image after clicking on the link, select 'launch it now'.

- Click the three dots beside the meeting you want to add to your calendar
- Open the meeting details.
- Click add to calendar.
- This will register you as an attendee and add the event to your calendar.

## Coming Soon

**Mental Health Quality Improvement Programme**

**Mental Health Quality Improvement and Clinical Innovation forum**  
Wednesday 27 April – 12:30 – 13:30  
Sharing learning and ideas from Quality Improvement and Clinical Innovation across mental health services




**Mental Health Tribunal Service Patient Information video**  
**What to expect in the Tribunal process**  
Dr Andrew Lawton explains why the video was developed and how it can help service users and staff when attending Tribunals in the Royal Edinburgh Hospital

Attendance at lunchtime sessions can be counted towards CPD hours and revalidation requirements.

Microsoft Teams meeting  
**Join on your computer or mobile app**  
To receive the link, if you have any questions about accessing Microsoft Teams, or if you would like to present at a future forum, please contact the QI team at  
[qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk)

**LothianQuality**  
BETTER HEALTH, BETTER CARE, BETTER VALUE  
Mental Health Quality Improvement Programme

## Get involved

-  Do you have a quality improvement project you'd like to share?
-  We'd love to hear from you and feature you and your team in a future QI Forum or flash report.
-  Contact us at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk)

## QI Projects and Clinics

Are you running or thinking of starting a QI project in Mental Health?  
Book in to a QI Clinic and we can support you with advice, tools and tips. Regular time slots are available on Wednesdays.

- 1.00 - 2.00pm
- 2.00 - 3.00pm

**Alternative days and times by arrangement.**

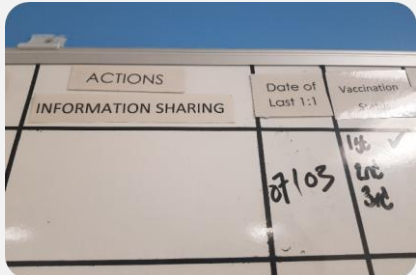
Ward 15 Seminar Room, 1<sup>st</sup> Floor, Mackinnon House or via MS Teams.  
To book, contact the team at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk)



# Mental Health Quality Improvement and Clinical Innovation Forum

## Wednesday 09 March 2022

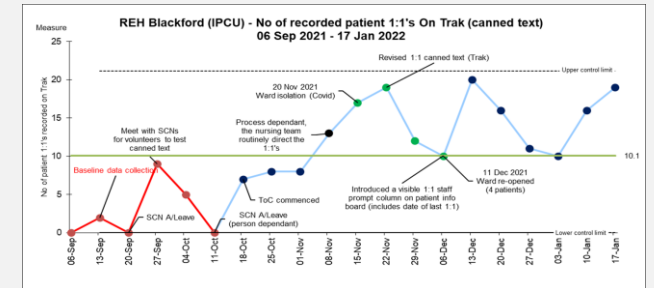
The Mental Health Quality Improvement and Clinical Innovation Forums take place at lunchtime to allow as many colleagues as possible to join in. A recording of this session is available to view [here](#).



### Improving the recording of service user 1:1's within mental health

**Carrie-Anne Simpson**, Senior Charge Nurse, Intensive Psychiatric Care Unit (IPCU), Blackford Ward highlighted the benefits of testing different approaches before implementing a new way of working can help embed new processes. Identifying that the process was person-dependent the team looked at ways to change this. By introducing a column on the whiteboard, the team has a visual prompt for 1:1s and has seen a sustained improvement in recorded 1:1s. A copy of the presentation is available [here](#).

**UPDATE:** Carrie-Anne and the team have had their abstract accepted to present a poster at this year's [NHS Scotland](#) event in Aberdeen.



### Physiotherapy Frailty Project

**Jake Tennant**, Specialist Physiotherapist, and **Tony Crooks**, Advanced Physiotherapy Practitioner, shared the learning from the Physiotherapy Frailty Project in Harlaw Ward, highlighting the impact of Frailty on patients well-being and length of stay.

Jake and Tony explained how identifying patients who are frail, or at risk of becoming frail, early in their inpatient stay can improve outcomes for them. A copy of the presentation is available [here](#).

### Outcomes in Acute Care Associated with Frailty

CFS grade	Length of stay	Readmission rate	In-patient mortality	Care intentions	Service referrals	Post-discharge support
1	4	4%	2%	Detect and manage geriatric syndromes e.g. delirium	General internal medicine	Self-care
2	5	7%	2%			
3	7	11%	2%			
4	8	13%	3%			
5	10	15%	4%			
6	12	15%	6%	Think about palliative vs. restorative care	Geriatric medicine	Transitional care
7	13	14%	11%			
8	12	10%	24%			
9	10	13%	31%			

- NHS Specialised Clinical Frailty Network
- Based on data taken from the Clinical Frailty Scale

For more information about Quality Improvement support for your project, or if you would like to present your own project at a future forum, please contact the team at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk).

All lunchtime sessions are available through Microsoft Teams.

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