

## Team news

### Welcome

Rebecca Fyffe,  
Quality Improvement Advisor for Mental Health.

Rebecca has worked in two NHS boards building over 10 years improvement and change experience. Rebecca joined the QI team (based at the Royal Edinburgh Hospital) from NHS Fife in June 2021.



Rebecca is keen to make a difference to support, drive and deliver sustained change within Mental Health Services (NHS Lothian) - to ensure people receive the best possible service, care and experience, every time.

## Support and training

### On the Move

You can now find the QI Team in Ward 15 Seminar Room (by the Kitchen), 1<sup>st</sup> Floor, Mackinnon House.



Feel free to pop along to see us for a catch up and a brew. We will be delighted to meet you and answer all your QI related queries, or provide advice and/or support for your improvement project.



Need help with a quality improvement project?  
Feel free to book an appointment for a Quality Improvement (QI) Clinics at a time that suits you or book onto the following:

QI Clinics are held on the **2nd Wednesday** of every month, via MS Teams or face to face.

**13:00—14:00 or 14:00—15:00**

Please contact the team for a slot at [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk).

### NHS Lothian Quality Improvement (QI) Academy

Sign up online at

<https://qilothian.scot.nhs.uk/futuredates>.

Check out these online modules from NES to start your QI learning journey

<https://learn.nes.nhs.scot/3870/quality-improvement-zone/elearning>

## Coming soon

### **The Mental Health Quality Improvement and Clinical Innovation Forums (MHQICIF)**

have shared learning from projects and new pieces of work being tested across Mental Health, these were re-launched in October 2020. Flash reports for all the sessions are available [here](#).

**The next Forum is on Wednesday 03 November, 12:30 – 13:30** in which we will hear from the team in Blackford ward (IPCU) on the work to improve the seclusion policy. The ward team have been testing a new standard operating procedure (SOP) for seclusion, which has been very well received, this is being utilised for a NHS Lothian wide SOP.



Please email the team if you have a project or improvement idea you would like to share via [qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk).

### **Scottish Patient Safety Programme (SPSP) Mental Health**

The SPSP Mental Health Improvement Collaborative aims to create the conditions so that everyone in adult mental health inpatient wards experiences safe and person-centred care every time.



The collaborative will link very closely to the Keeping People Safe work already underway in REAS, such as improving observational practice and seclusion, and is an opportunity to get additional support from the National programme.

Wards are asked to self-nominate themselves to take part in this opportunity to share and learn good practice with teams across the country. Recruitment is open 8<sup>th</sup> November - 17<sup>th</sup> December, with the collaborative getting underway in April next year.

**New bite sized training sessions** focussing on QI methods, tools and templates (including quick tips) will start up again in the New Year, look out for the advertisements!

Please email the team if there are any specific QI methods, tools or templates you would like a bite size training on or if you would like more information about the training sessions.  
[qi.mentalhealth@nhslothian.scot.nhs.uk](mailto:qi.mentalhealth@nhslothian.scot.nhs.uk).

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## Celebrating success

### **NHS Lothian Celebrating Success - 2020**

Dani DiBiase, Recreation Assistant, Balcarres Ward, is a finalist in the Young Achiever category for the Celebrating Success awards held over from last year.

Dani has been nominated for her work to introduce staff and patients to the Safewards model of care on Balcarres ward.

Good Luck Dani and congratulations to all of the nominees this year.



### **Improving Observational Practice**



Jenny Revel, Clinical Academic Mental Health Nurse, REH, has been working with teams across REAS to introduce the Improving Observational Practice programme which includes clinical pauses and recording continuous interventions.

Jenny presented at the last MHQICIF, and to Healthcare Improvement Scotland (HIS). This has resulted in Jenny now working with HIS colleagues to develop a case study on IOP introduction, which will help other NHS boards across Scotland.

### **Keeping People Safe**

With an ambitious aim to improve the quality of care experienced by everyone, every time within the Royal Edinburgh Hospital and Associated Services (REAS) by 31 December 2024, the QI team is working closely with Craig Stenhouse, Deputy Chief Nurse, REAS, and the teams on the REAS admission wards to identify areas for improvement and testing.

Starting in Adult Acute admission wards, Keeping People Safe will be rolled out across all areas of REAS and the QI team will be happy to support this with QI training, identifying areas for improvement and developing and testing change ideas and collecting and interpreting data.



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## What's new?

### **NES Quality Improvement Zone**

The QI Team at NES has developed a set of short animations to introduce the key steps in the Quality Improvement journey. The animations are ideal for people who are new to quality improvement, or if you are looking for a fun resource to introduce your team to the basics of what QI is and what it has to offer.

Each animation introduces an aspect of the journey in a way that highlights its importance and the contribution it makes to making your improvement work a success. At the heart of each animation is the key message that Quality Improvement is a team sport and something that should be done together with people who work in the team and people who are recipients of what the team does, whoever that might be!

Click [here](#) for more about the NES Quality Improvement Journey



### **Edinburgh and Lothians health Foundation**

The Edinburgh and Lothians Health Foundation aims to improve the physical and mental health of the people of Scotland, in particular in Edinburgh and the Lothians. It provides funding and makes grants to support projects and initiatives not normally funded by the health service.

More information on the grants or funding available, and how to apply can be found by clicking on the links below:

- [Supporting the welfare of patients and their carers](#)
- [Improve The Health And Wellbeing Of The Local Community](#)
- [Support Lothian as an Academic Centre of Excellence](#)
- [Arts in Health and Wellbeing](#)
- [Support Innovation and New Technology](#)
- [Supporting Capital Development Projects](#)
- [Support the Development of the NHS Lothian Workforce](#)



Contact the team at [elh@nhslothian.scot.nhs.uk](mailto:elh@nhslothian.scot.nhs.uk) or pop in to a drop in clinic on-site when advertised.

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