

Improving Access to Occupational Therapy within Tier 4 CAMHS

Quality issue / initial problem

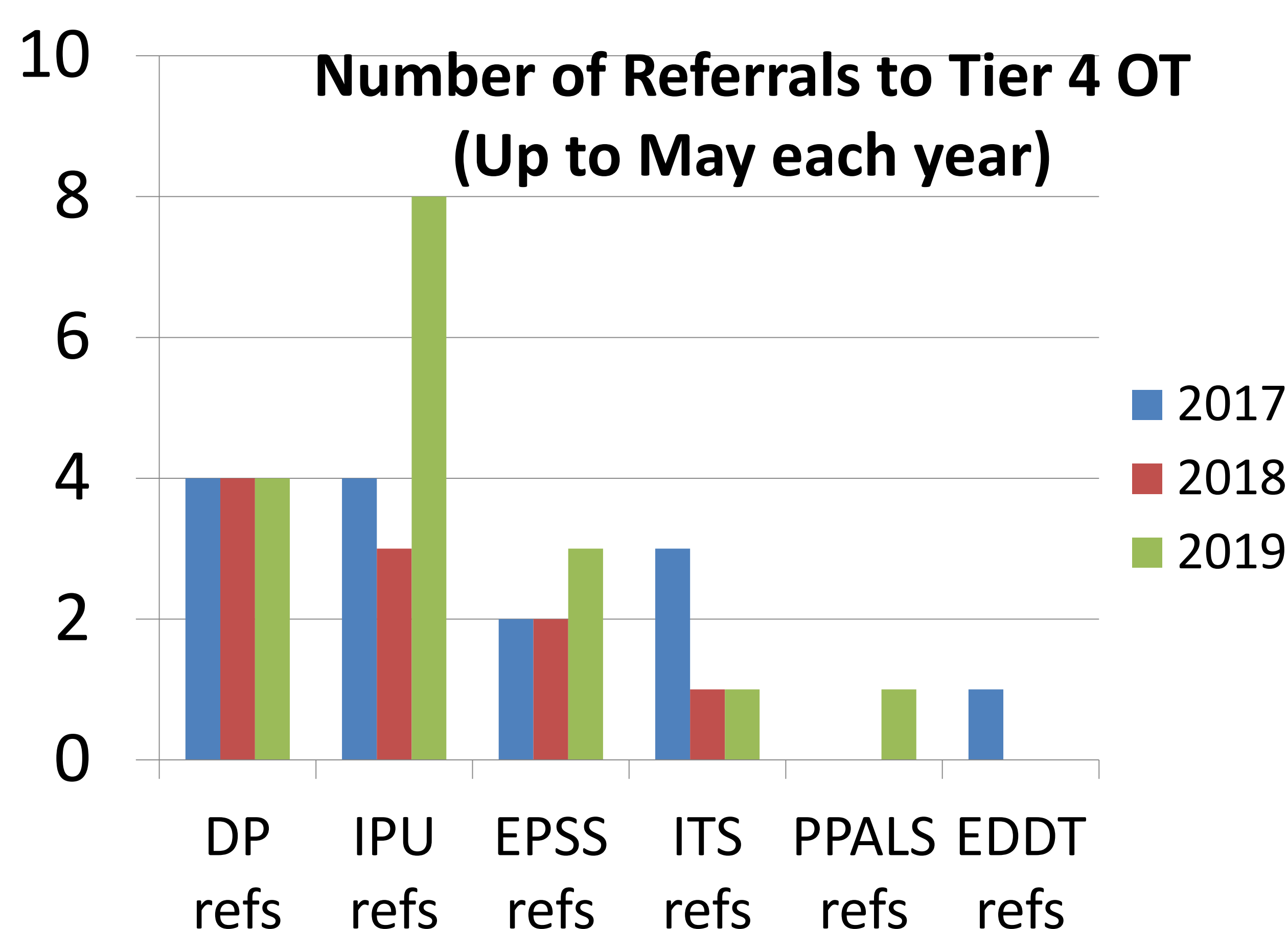
There is variability in the number of referrals to Tier 4 OT. There is also a sense that MDT clinicians may not fully understand what input OT can provide. There may therefore be young people who would benefit from OT but are not receiving this as part of their care plan. Raising the profile of the Tier 4 OT role may help to provide access to OT for these young people.

Specific aim

To increase the equitability of the OT service across Tier 4 CAMHS

Measurement of improvement

By measuring the number of referrals received by each team over a period of time before and after the tests of change



“I’m not sure we always appreciate all that OT can offer our young people”

“We often forget that OT is an option. It would be good to have regular refresher sessions on what you can offer”

Tests of change

- Attend IPU Early Care Meetings
- Provide refresher sessions on OT role and reasons to refer

Tools

- Staff Questionnaire
- Process map
- Excel

Effects of change

- Increased referrals from IPU
- Better communication with MDT and understanding of which young people may benefit from OT
- Sustainability of change will be achieved via regular CPD slots and continued attendance at meetings

Lessons learned and message for others

- The issue may not be what you originally thought it was – look at the data!
- Taking the time to communicate can have a bigger impact than you might have thought